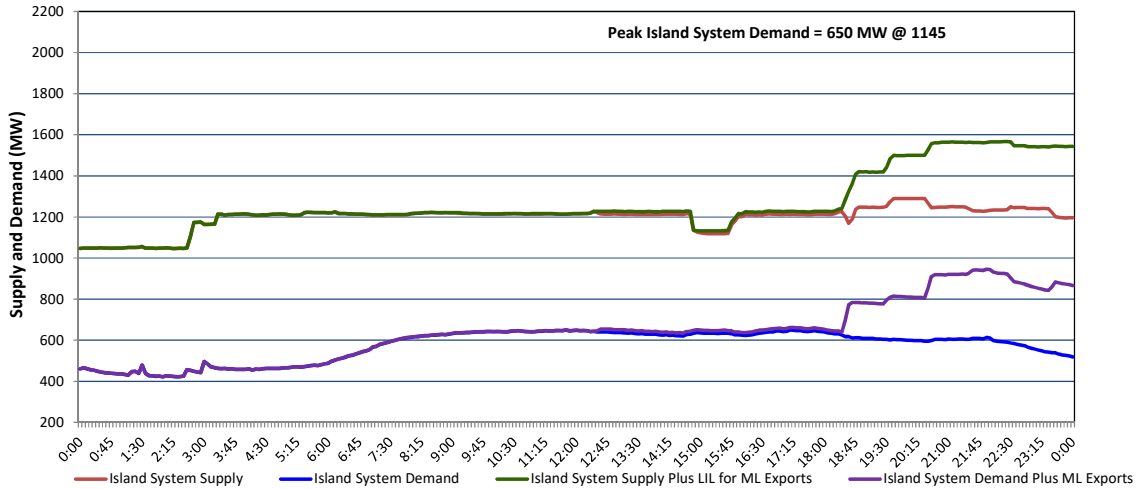


Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Thursday, July 02, 2026

Section 1 Island Interconnected System - Supply, Demand & Exports Actual 24 Hour System Performance For Tuesday, June 30, 2026



Island Supply Notes For June 30, 2026

- A As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).
- B As of 1513 hours, April 16, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- C As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
- D As of 0701 hours, May 24, 2026, Holyrood Unit 1 unavailable due to planned outage 166 MW (170 MW).
- E As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
- F As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 3 unavailable due to planned outage (76.5 MW).
- G As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 4 unavailable due to planned outage (76.5 MW).
- H As of 1433 hours, June 29, 2026, Granite Canal Unit unavailable due to planned outage (40 MW).
- I At 0239 hours, June 30, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- J At 0243 hours, June 30, 2026, Cat Arm Unit 1 available (67 MW).
- K At 0317 hours, June 30, 2026, Stephenville Gas Turbine available (50 MW).
- L At 1436 hours, June 30, 2026, Labrador Island Link unavailable due to planned testing (900 MW).
- M At 1819 hours, June 30, 2026, Labrador Island Link available (900 MW).

Section 2 Island Interconnected System - Supply, Demand & Outlook

Wed, Jul 01, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	1,539 MW	Wednesday, July 1, 2026	735	700
NLH Island Generation: ^{3,7}	925 MW	Thursday, July 2, 2026	765	730
NLH Island Power Purchases: ⁵	80 MW	Friday, July 3, 2026	760	725
NP and CBPP Owned Generation:	200 MW	Saturday, July 4, 2026	755	705
LIL Net Imports to Island: ⁹	334 MW	Sunday, July 5, 2026	770	720
		Monday, July 6, 2026	795	745
7-Day Island Peak Demand Forecast:	795 MW	Tuesday, July 7, 2026	790	740

Island Supply Notes For July 01, 2026

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3 Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak

Tue, Jun 30, 2026	Island Peak Demand ¹⁰	11:45	650 MW
	Exports at Peak		1 MW
	LIL Net Imports to Island		2,096 MWh
Wed, Jul 01, 2026	Forecast Island Peak Demand		735 MW

- Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).